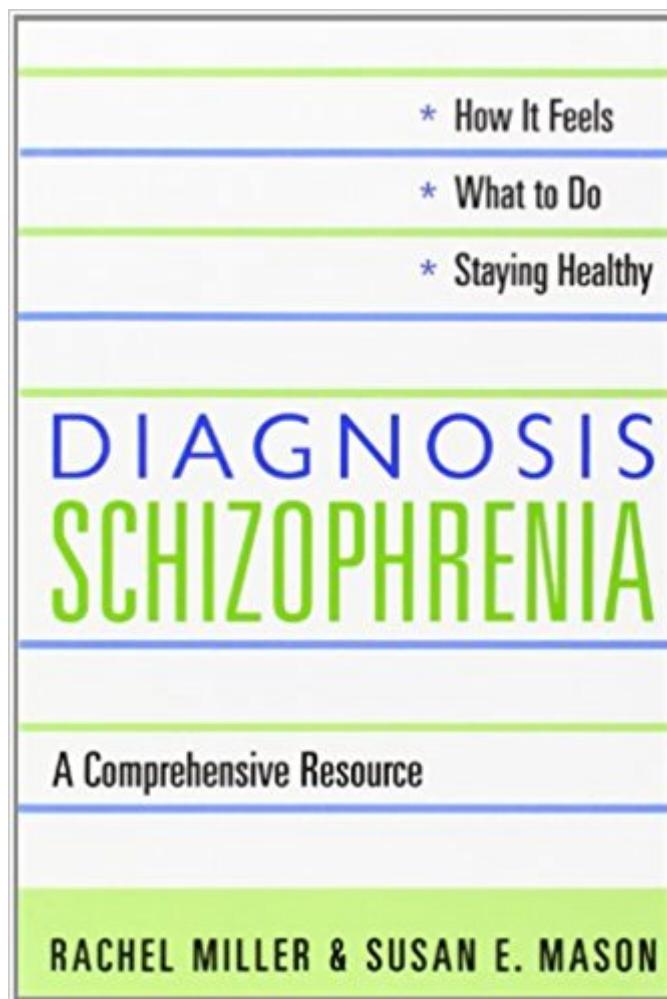


The book was found

Diagnosis: Schizophrenia



Synopsis

The disease is not fatal but few diagnoses have the capacity to instill as much fear in the hearts of patients and families. Here is a profoundly reassuring book that shows there can be life after a diagnosis of schizophrenia. The book includes thirty-five first-person accounts, along with chapters by professionals on a wide range of issues from hospitalization to rehabilitation. Jargon-free and technically accurate, the chapters are short and offer up-to-date information on medication, coping skills, social services, clinical research, and much more. Patients and their families can read the book from cover to cover or skip around and select topics as the need arises.

Book Information

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Customer Reviews

Shrouded in myth and mystery, distorted by sensationalist films like The Three Faces of Eve and mistakenly confused with multiple personality disorder, schizophrenia, the authors argue, is one of the least understood mental disorders in the world. It affects 1% of the U.S. population, and this book, primarily targeted at those with the disease, marks an important entry in the mental health genre, particularly since it is coauthored by a group of 35 patients (from a New York treatment program) and has first-person accounts of diagnosis, delusional states and recovery. Miller and Mason, social workers who specialize in the issue, note that while it's still not clear if there is a cure for schizophrenia, many people can successfully manage the condition through a combination of structured routines, medication and therapy. Readers with short attention spans will be able to handle the short chapters, which offer straightforward, nonjudgmental advice on handling a variety

of symptoms. Of particular interest are the sections addressing how much information to give co-workers and employers. The authors assume no prior knowledge or background on the subject, and their book is far easier to understand than the classic title for schizophrenics and their families, E. Fuller Torrey's *Surviving Schizophrenia*. Illus. Copyright 2002 Cahners Business Information, Inc.

In the United States, one out of every 100 people suffers from schizophrenia, the mental illness that afflicts Nobel prize winner John Nash, the subject of Sylvia Nasar's *A Beautiful Mind* and the Ron Howard film of the same name. In this atmosphere of heightened awareness, Miller (M.S.W., Hillside Hosp., NY) and Mason (social work, Yeshiva Univ.) present an excellent guide for patients and their families dealing with the onset and long-term effects of schizophrenia. Intermingled with firsthand accounts by 35 patients is jargon-free information by mental health specialists on the initial diagnosis and beginning of treatment, answers to frequently asked questions, the physiology of the brain, a basic explanation of the illness, the state of research on the origins of the disease, dealing with family and friends, coping with side effects and negative symptoms, using drugs and alcohol, getting the services necessary to recover, and today's new generation of antipsychotic medications. The appendixes include state phone numbers for client assistance programs, national mental-health advocacy organizations, and vocational rehabilitation programs, but surprisingly none of the state agencies responsible for mental health services in hundreds of community mental health centers. Still, the heartfelt delivery of these comprehensive and vital data will facilitate a greater understanding of a complex disease. Essential for all public libraries. Dale Farris, Groves, TX
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I have not actually receive my book yet however I have read this book through the current library and I absolutely love this book. It is easy to understand read and comprehend. I would buy again and would recommend for those that want to understand this disease. I am in my undergraduate studies in psychology; however, as I move in my graduate studies I know that this book will be beneficial in understanding abnormal behaviors and diseases within mental health.

I am a consumer with schizoaffective disorder. I purchase books but do not do much reading. When I got this book out of the public library, I kept it, 'way past its due date. Whenever I am in a waiting room, out comes *Diagnosis: Schizophrenia*. I wish that this book had been available to me when I first became mentally ill! I spent years in denial and doubt about the medications. The descriptions of symptoms are convincing ("This is me!"), and the kicker is the last narrative chapter where patient

after patient tells about being restored to normal reasoning and productivity. I do not consider this book to be dated at all. Highly recommended for consumers who may be considering noncompliance with treatment. When I get some money, I intend to purchase my own copy to lend to friends.

This is the perfect book for people recently diagnosed with schizophrenia and their family members. It clearly and simply describes the condition and treatment process. Throughout every chapter are firsthand accounts by patients about their experience. Like many others, I had only a superficial understanding of this illness when my son was diagnosed. This book gave me a good overview and a better understanding of what he is going through.

I would recommend reading the Wikipedia article on SZ if you're interested in learning more, it's about as useful and much shorter.

This review is in Spanish, but in general it was very helpful for me, it's a easy reading book that provides general concepts and terms for family and professional. Es un libro sencillo, corto, fácil de leer y bastante completo. Es un buen comienzo para ir ampliando la lectura con otros libros más específicos. Pero en particular este libro, como profesional de la conducta humana me ayudó a entender esta población a la cual a menudo no me había expuesto. Es un buen inicio, además te brinda información clara sencilla para tu explicarle a ellos y su familia.

I purchased this book after my brother was diagnosed with schizophrenia. The book was easy to read and gave the viewpoints from actual people who have it. It helped me learn and relate to my brother better. I am planning on giving this book to my brother so that he can feel that he can relate to others who are going through something similar. The book is broken up into small, easy to read chapters, and the writing is simple and easy to read. I highly recommend this book to anyone.

Moronic and overly simplistic-total waste of money and worse yet of time-awful.

Excellent book!

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